

What's on the Menu?

Rochester Community Schools: Lunch Menu January 2021

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% or skim white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
Wash your hands before you eat!				1	2
Stay Safe!	4	5	6	7	8
We'll get thru this!	11	12	13	14	15
So glad to see you!	18	19	20	21	22
Welcome Back!	25	26	27	28	29
	Choice A WG Bosco Sticks with Pizza Sauce Choice B Turkey and Cheese Sandwich	Choice A WG Chicken Patty Sandwich Choice B Cereal Fun Lunch		Choice A WG Bosco Sticks with Pizza Sauce Choice B Turkey and Cheese Sandwich	Choice A WG Chicken Patty Sandwich Choice B Cereal Fun Lunch

Questions or comments?

Food Service Director Tracy Hizer 248-726-4650

Assistant Directors

Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603

Go to MyPlate.gov for online personal wellness resources for you and your family.

Make Checks Payable to RCS Foodservice.

This institution is an equal opportunity provider.

