



AHS

SEPT/OCT

COUNSELING

NEWSLETTER

Important Dates

September 10th - Senior meetings with counselors

September 12th - Senior Parent Night, 6pm in the Cafeteria @ Adams

September 26th - Junior Pre-grid for PSAT (2nd hour)

September 27th - Financial Aid Presentation, 6pm @Board Office (Harrison Room)

October 2nd, 3rd, and 4th - Counselors meet with freshman

October 8th - OTECH presentation (10th grade only)

October 10th - PSAT (11th grade only)

October 16th - College Night at Adams High School, 6:00-7:30

November 13th and 14th- Counselors meet with sophomores

December 4th and 5th - Counselors meet with juniors

Counselors	Caseload	Email
Mrs. King	A to Dom	jking@rochester.k12.mi.us
Mrs. Falkowski	Don to Jon	sfalkowski@rochester.k12.mi.us
Mrs. Bellomo	Joo - Ni	jbello@rochester.k12.mi.us
Mrs. Clement	Nj to Su	cclement@rochester.k12.mi.us
Mrs. Parliament	Sv to Z	aparliament@rochester.k12.mi.us

REMIND 101

For text message alerts and reminders from the counseling department, please sign up for Remind 101. Text @ahscouns18 to 81010.

SENIOR INFORMATION

Senior meetings with counselors were held on **September 10th**.

For text message alerts and reminders to the senior class from the counseling department, please sign up for Remind 101. Text @adamshs19 to 81010.

Seniors were given a packet at the meeting to bring home. To view the packet, please click on the link below:

<http://www.rochester.k12.mi.us/adams-high-school/pages/47837/senior-information>

JUNIOR MEETINGS

11th grade meetings will be held on December 4th and 5th. During these meetings, counselors discuss transcripts, what colleges are looking for when admitting a student, and how to be successful in high school.

SOPHOMORE MEETINGS

10th grade meetings will be held on November 13th and 14th. During these meetings, counselors discuss transcripts, what colleges are looking for when admitting a student, and how to be successful in high school.

INDIVIDUAL MEETINGS

Any student who would like to make an individual appointment with their counselor should come see Mrs. Snook in the counseling office. Counselors will review transcripts, graduation requirements, application process, review EDP's, discuss NCAA, and share other important information.

COLLEGE NIGHT

College Night is being held at **Adams High School on October 16th from 6:00 – 7:30 p.m.** Many colleges will be represented and available to answer any questions. College Night is held at one high school in Rochester each year. This event is open to all RCS high school students.

FALL PSAT – JUNIORS ONLY

ATTENTION JUNIORS: The Preliminary Scholastic Aptitude Test (PSAT) will be administered at Adams High School on October 10th, from approximately 7:30a.m. – 11:00 a.m.

This is also the ONLY test which will qualify you for National Merit Scholarships.

Freshman and Sophomores will be given the PSAT in April of 2019.

FREE PRACTICE SAT FOR JUNIORS

ATTENTION JUNIORS: There will be a free practice SAT at Adams High School on Tuesday, November 6th from 8a.m. to 12p.m. Please visit the following website for additional information and for registration: <https://www.princetonreview.com/product/offerings/344060>.

FINANCIAL AID NIGHT

Rochester Community Schools will be hosting a Financial Aid Nights for ALL parents. The presentation will begin at **6:00pm** on **September 27th** at the Board Office.

COLLEGE REP VISITS

Colleges will be visiting AHS to speak with upperclassman about their requirements, scholarships, programs and admissions. Students can sign up in the counseling office to meet with a college representative. Please click on the following link to see an updated list of college representative visit dates: <http://www.rochester.k12.mi.us/adams-high-school/pages/49009/visiting-college-representatives>.

SCHOLARSHIPS

Scholarships are posted on the counseling website on a regular basis. Please visit the website to see current scholarships and helpful links:

<http://www.rochester.k12.mi.us/adams-high-school/pages/6996/scholarship-bulletin>

EXAM FOR CREDIT

The Exam for Credit information will be available in the counseling office beginning in October. The Exam for Credit test in December is only for semester classes. Please see your counselor if you have any questions.

PROJECT GRADUATION

For those students needing credit recovery, Project Grad is scheduled to begin the week of October 8th. This may change depending on enrollment numbers. Registration packets will be available in counseling the last week in September.

Career Cruising

Career Cruising will help you with the following and much more!!!

Quick access to Career information

- Job Descriptions
- Education needed
- Working conditions
- Earnings

Quick access to college information

- School Profile
- Admissions
- Academic information
- Estimated expenses
- Enrollment
- Majors offered
- Links to college web pages!!

Go to <https://sso.careercruising.com/page/openidconnect>:

1. Sign in using your RCS Google Username and Password.
2. Update your EDP to 100% completion.

This year we will be working with freshman and sophomores on their EDP's at counseling grade level meetings. Juniors and seniors must complete their EDP's on their own time and they must be turned in when we survey for classes during 2nd semester (with the exception of seniors who must complete their EDP's before requesting a transcript).

FINANCIAL AID INFORMATION SESSIONS and FAFSA WORKSHOPS

OAKLAND UNIVERSITY OFFERS a variety of financial aid events, including:

FINANCIAL AID INFORMATION SESSIONS

for students and their families to obtain general financial aid information needed to prepare for college.

This event is open to the public and does not require admission to OU.

FAFSA WORKSHOPS

for high school seniors and their parents to receive assistance completing the Free Application for Federal Student Aid (FAFSA). This event is open to the public and does not require admission to OU.

To learn more and register for an event, visit oakland.edu/financialservices.



College Timeline

Use this guide to stay on top of important deadlines

This is a general timeline for college planning. Contact each school for more specific information regarding admissions, housing and financial aid deadlines.

Junior Year

FALL

- Take the PSAT (Oct. 14 or 17, 2015) to get an idea of what to expect on the SAT. A stellar PSAT score also can qualify you for the National Merit Scholarship Competition.
- Assess your reasons for going to college: What are your goals? What learning opportunities are most important to you? What are your career interests?

WINTER

- Begin preparing for the ACT and/or SAT.
- Make a list of factors that are important to you in choosing a college. Discuss with counselors, teachers, parents and friends.
- Begin collecting information on colleges that interest you. Attend fairs and college-night programs in your area.

SPRING

- **IMPORTANT DEADLINE:** Take college admissions tests (ACT/ACT Plus Writing Test, SAT Reasoning Test/SAT Subject Test).
- **IMPORTANT DEADLINE:** If enrolled in Advanced Placement courses, prepare for May AP exams.
- Consider visiting college campuses over spring break.

SUMMER

- Continue visiting college campuses.
- Consider taking summer courses or holding an internship in a field that interests you.
- Work on drafts of admissions applications, especially the essay portion. Craft a résumé.
- Prepare for fall standardized tests if you have not yet taken them or if you want to improve your spring scores.
- Begin your scholarship search. Research scholarships using websites and sources within your community.



Senior Year

FALL

- Request letters of recommendation from teachers.
- Mark your calendar with all future deadlines, including application deadlines for all schools to which you are applying.
- Schedule required and/or recommended interviews.
- Retake the ACT/SAT if necessary.
- Continue visiting colleges.
- **IMPORTANT DEADLINE:** October-December early-action and early-decision application deadlines.
- **IMPORTANT DEADLINE:** Check deadlines for scholarships and other private aid.

WINTER

- Early-admission decisions delivered in December. If early admission has been denied, it's time to re-group and apply to other schools.
- **IMPORTANT DEADLINE:** Regular admissions deadlines begin.
- **IMPORTANT DEADLINE:** Deadlines for scholarships and other private aid
- **IMPORTANT DEADLINE:** Apply for federal aid. The deadline is June 30, 2016, but you should apply as soon as you can after Jan. 1. Schools have their own deadlines – contact them for exact dates. Consult financial-aid offices and www.fafsa.ed.gov.
- Keep up second-semester grades, and stay active in extracurricular activities. Many colleges ask for mid-year grade reports and/or state that acceptance is contingent on continued performance.

SPRING

- Most acceptance and denial letters should arrive by mid-April.
- Check out campuses at schools that have accepted you and schedule overnight visits at top-choice schools.
- **IMPORTANT DEADLINE:** Reply to all decision letters with intent to attend or not attend.
- **IMPORTANT DEADLINE:** If enrolled in Advanced Placement courses, study for May AP exams.
- **IMPORTANT DEADLINE:** Deposit deadlines. Many deposits are due May 1 to secure your spot. Meet this deadline or risk forfeiting your spot to wait-list students.

SUMMER

- **IMPORTANT DEADLINE:** Attend orientation programs.
- Get ready for the dorms. Talk to future roommates and current students to determine what to buy.
- Get a meningitis shot.
- Consider working an internship or attending a class at a local community college.



Steps for Applying for Financial Aid

1. Apply for Admission, as Well as Financial Aid

Before a student's chances for aid can be determined, many colleges require both an application for admission and financial aid. Since application deadlines vary by institution, you might want to develop a calendar of important dates. Apply as early as possible.

2. Submit Required Financial-Aid Forms

File all required forms for financial aid consideration at the colleges you are contemplating. This includes the correct year's Free Application for Federal Student Aid (FAFSA) and obtaining a PIN number from the U.S. Department of Education at www.pin.ed.gov.

File one FAFSA total for all of the colleges you are considering. The FAFSA includes a section for you to list the colleges to which you want your information sent.

Go to www.fafsa.ed.gov to fill out the form. The website includes deadlines, instructions for completing the form, and follow-up procedures, so you can check on the status of your form. If you have questions about completing the application or would like a paper version of the FAFSA, call the Federal Student Aid Information Center (800.433.3243). During your senior year, complete the FAFSA as soon as possible after Jan. 1.

The FAFSA collects demographic and financial information from students and parents to be used to determine an Expected Family Contribution (EFC), the figure used to determine a student's eligibility for Federal Pell Grants, other federal financial aid programs, and many state programs. The EFC is determined according to formulas set periodically by Congress.

Check with each college to determine whether there are additional forms the college requires you to file. File all forms in time to meet the colleges' financial-aid application deadlines. Admissions and financial-aid deadlines are often different; remember to meet each requirement.

3. Apply for Scholarships and Grants

Besides aid offered directly by a college and aid for which your FAFSA form is an automatic application (for example, a Federal Pell Grant), inquire about state scholarship, grant and loan programs. Ask about institutional, community, foundation and corporation programs, as well.

4. Tracking Your Progress

Monitor all the information you receive from individual college business offices regarding fees, payment schedules, etc. Include this information in your college planning.

GET MORE INFO

Contact this state agency to obtain additional information about financial assistance:

Student Financial Services Bureau

Outreach Services

800.642.5626, ext. 37054

www.michigan.gov/studentaid