

**Join Reuther Track!!! It's the Only Sport Left!!!**

**On Wednesday, April 11, 2018, after school, Reuther 7<sup>th</sup> and 8<sup>th</sup> grade boys and girls will begin their track season. Plan to dress warmly, covering your arms and legs, and wear comfortable running shoes. Practices will be from 2:30-4:30 PM Mondays through Thursdays and 2:30-4:00 PM on Fridays. Our workout schedule will consist of stretching, warm up laps, sprinting drills, field events, hurdles, and relay practice, followed up by a full running workout and cool down laps. \*\*\*6<sup>th</sup> grade boys and girls are invited to practice with us as long as they have turned in a physical form for the 2017-2018 school year. 6<sup>th</sup> graders are not allowed to participate in the meets though. 6<sup>th</sup> graders also do not pay a fee to participate like the 7<sup>th</sup> and 8<sup>th</sup> graders do.**

**The regular meet season for the entire team will begin on Wednesday, May 2, 2018. With the exception of the Van Hoosen, Mark Lane Invitational and County Meets; meets will be on Mondays and Wednesdays. Here are some important dates to keep in mind for this season:**

**Student Meeting—Thursday, March 1, 2018 from 2:30-3 PM in the cafeteria—Have your ride ready at 3 PM!**

**Parent Meeting—Wednesday, April 11, 2018—4:00-4:30 PM. Bring your checkbook and a pen!!!**

**Last Day to Join Track—Friday, April 13, 2018**

**Pay to Participate Forms/Fees—Due no later than Friday, April 20, 2018**

**Team Picture Day—Friday, April 20, 2018—Practice ends at 3:30 PM.**

**Awards—Given out at practice on Wednesday, May 23, 2018**

**For all track information please go to the Reuther Middle School Website.**

**Go to the MENU area on the left and click on ATHLETICS. THEN...**

**Scroll down and click on the TRACK folder. You will find all of the information you need for this season.**

**See you on the Track!**

**Mr. Klak, Mr. Lazzo, Mrs. Sikora, and Miss Schneider—Reuther Track Coaching Staff**