

Rochester Community Schools

Student Self-Assessment for Distance Learning Instruction

The opportunity to take a distance learning class is open to all students. To be successful in a distance learning class, students first need to understand the differences in instruction between a distance learning course and traditional classroom learning. Secondly, students must be aware of their own preferences for learning and determine whether distance learning instruction is suited to them. Each student is required to take a self-assessment to help determine if this instructional method is appropriate for his/her learning style.

1.) Enter Your Name:

2.) Select Grade Level:

3.) Select High School Attending:

4.) Enter Counselor's Name:

For the following 20 questions, use the adjacent pull-down menu to select your preference from the following four choices: **Always**, **Most of the time**, **Some of the time**, or **Never**.

1. I organize my schedule so that I can do everything that needs to be done.

2. When a teacher hands out directions for an assignment, I prefer to read them on my own and ask for help if needed.

3. I am proficient at using PowerPoint.

4. When it comes time to work on homework and complete assignments, I am able to focus and get it done.

5. I am comfortable with being on camera.

6. I am able to learn something new from reading about it in a book or on a handout just as well as I learn from a teacher's lecture.

7. I am comfortable being alone and working independently.

8. I am comfortable with using email.

9. I am comfortable with speaking up in class discussions and sharing my own ideas.

10. I like to set goals and see them through completion.

11. If something doesn't make sense with what I already know about it, I'll ask in order to better understand it.

12. I know how to use chat rooms and discussion boards.

13. I am comfortable with understanding schoolwork without needing to be in constant communication with the teacher or other students.

14. For turning in written papers, I write a draft copy first and make changes to improve it, rather than submitting my first attempt.

15. When I read, I recognize the important words and phrases to focus on and study.

16. If I need help with something, I feel comfortable asking someone a question.

17. I am proficient at exploring the Internet.
18. I am comfortable doing assignments given as group work.
19. I do my school work without anyone telling me to.
20. I try to find new ways that I can best understand what was presented in class.
21. I know how to download a file from the web and save it on my computer.
22. I am aware of the conditions in which I study best, such as the time of day, location, etc.
23. After I complete an assignment, I look it over and proofread it to make changes or add more thoughts.
24. When I read, I am able to take notes and put the information into my own words.
25. I am comfortable with questions in assignments that require writing out descriptive answers.
26. I feel confident that I can write something down and it can be understood.
27. I have proficient keyboarding skills.
28. In my writing, I am able to easily make my point about what I am thinking.
29. I am genuinely interested in learning new things.
30. When communicating online (email, chat, or discussion boards), I try hard to make my writing communicate my tone and my feelings so I am not misunderstood or don't come across as impolite.
31. I ask the teacher when I am unsure about an assignment.
32. I am comfortable with speaking up in class discussions and sharing my own ideas.

Scoring:

Total the number of times you selected each of the four possible answers. Enter each total below, multiply by the number of points shown below, and total all points together to determine your score.

Number of answers:	Multiply by:
Always: <input type="text"/>	x 3 points = <input type="text"/>
Most of the time: <input type="text"/>	x 2 points = <input type="text"/>
Some of the time: <input type="text"/>	x 1 point = <input type="text"/>
Never: <input type="text"/>	x 0 points = <input type="text"/>
Your Score = Total: <input type="text"/>	

If you scored between:
75-96 points: A distance learning course is a real possibility for you.
50-74 points: A distance learning class may work for you, but you may need to make a few adjustments in your study habits to succeed.
49 or less: Distance learning may not be the best type of course for you; talk with your counselor.

The next step for enrolling in a Distance Learning class is to make an appointment with your counselor to discuss your self-assessment score and answers.

Click the "Print Survey" button to print a paper copy with your answers and bring it with you when you meet with your counselor.