

# Recommended Temperatures for Outdoor Play for Children

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## Green

The green condition suggests the temperatures at which it is safe for children to play comfortably. At these temperatures children shouldn't be displaying any overtly hot or cold signs. In the colder months, this condition is between 40 degrees and 32 degrees Fahrenheit when the wind is between 0 and 15 miles per hour. In the warmer months, the green condition suggests that children can play comfortably outdoors when the temperature is between 80 and 89 degrees.

## Yellow

When temperatures reach the yellow condition, you should use caution when deciding how long children should spend outdoors. Closely observe the children for any signs of them being too hot or too cold. When it's cold outside, the yellow condition sets temperatures of between 30 degrees and 13 degrees Fahrenheit when the wind speeds are between 0 and 40 mph. When it's warm outside, child care providers should show caution when the temperatures are between 90 and 103 degrees.

## Red

The red condition defines the temperatures that are not recommended for outdoor child play. Most children should not play outside in these temperatures due to the health risk. In the winter months, these temperatures are anything below 9 degrees Fahrenheit no matter what the wind speed is. In the summer months, the red condition states that it can be very dangerous for children to play outside when the temperature is above 100 degrees.