

Success Class at RACE

Before school began in September 2011, Rochester Alternative and Adult Center for Education (RACE) held its first Success Class for GED-Prep-Class students. Normally all adult students are pre and post-tested for math and English. All Success Class students were additionally screened for hearing, vision, reading, attention challenges, and visual stress issues. Students learned about each other and developed support systems with other students and instructors for success. Students gained an insight into their own learning and chose specific strategies and adaptations for learning and work. Students clarified personal strengths and challenges as they developed and adjusted individual plans for achieving their daily, weekly, short-term, and long-term goals. The 6 to 12-hour research-based course curriculum also includes information about how the brain works for learning, keys to motivation and sustainability, and planning for post-secondary training and college.

